

Winter 2010 Session

Cathedral Arts Workshop

We are very excited to introduce our winter classes, listed below with dates, times and cost.

For a detailed class description and ways of registering, please see our website:

www.stjohns-cathedral.org/arts/arts_index.php



Saturday Samplers: Four Saturdays, four different materials, and four opportunities to stretch your imagination and try something new.

February 6th

Make Your Own Valentines ~ 10am-1pm; \$35; ages 6-18

Mixed Media Cards ~ 2pm-5pm; **Adults** (18 and up); \$40

February 13th

Knitting for People With 5 Thumbs ~ 10am-2pm; \$35

February 20th

Strands of Solace ~ 10am-1pm; \$45 / Basic bead stringing, so we can design our own set of prayer beads. Different styles will be discussed, with focus on Anglican prayer beads. Fee includes materials.

February 27th

Create a Desktop Labyrinth ~ 10am-2pm; \$40 / A meditative workshop. Walk the Cathedral labyrinth and create a small portable labyrinth and stylus. Fee includes materials.

Classes for Kids

Creative Corner ~ Ages 3 - 6; Mondays 3:30pm-5:30pm; February 8-March 15; \$108 plus \$25 material fee / Toni Plastino, instructor / Explore multiple materials and techniques in a playful setting. A perfect starter class, but can also be repeated.

Drawing Fundamentals ~ Ages 6-10; Thursdays 3:30pm-5:30pm; February 11-March 18; \$108 plus \$25 material fee / Lena Lopez Schindler, instructor / Learn fundamental techniques of drawing including mark-making, line & contour, space, modeling & shading, use of perspective and composition, using wet and dry materials.

Adult Classes

Handmade Book and Basic Lettering ~ Mondays February 8-March 8; 6:30pm-9pm; \$135 plus \$15 material fee / Wendy Watson-Diedrick, instructor / Create a decorative handmade book and learn basic calligraphy.

The Practice of Drawing ~ Thursdays February 11-March 18; 7pm-9pm; \$115 plus \$15 material fee / Richard Schindler, instructor

Turning the Corner - Fabulous Garter Stitch Series, Part 2 ~ February 9, 16 & March 9, 16; 7pm-9pm; \$65 plus \$5 material fee / Lena Lopez Schindler, instructor



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Entering Lent at St John's Cathedral

Shrove Tuesday ~

A term used in some traditions for the day preceding Ash Wednesday.

The word *shrove* is the past tense of the English verb *shrive*, which means to obtain absolution for one's sins by way of confession and doing penance. Thus *Shrove Tuesday* gets its name from the shriving that English Christians were expected to do prior to receiving absolution immediately before Lent begins. The celebratory aspect of the day is somewhat analogous to the Carnival or Mardi Gras traditions..

In England and many other countries, the festival is associated with the eating of rich foods made with eggs, sugar and butter, such as pancakes. It was often known simply as *Pancake Day*, originally because making such foods used up ingredients such as sugar, fat and eggs, whose consumption was traditionally restricted during the fasting associated with Lent.

Come to the Pancake Supper on Tuesday, February 16 • 5:30-7pm

Ash Wednesday ~

The first of the forty days of Lent, named for the custom of placing ashes on the foreheads of worshipers at Ash Wednesday services. The ashes used are gathered after the palms from the previous year's Palm Sunday are burned. The ashes are a sign of penitence and a reminder of mortality, and usually are imposed with the sign of the cross.

Ashes were used in ancient times, according to the Bible, to express mourning. Dusting oneself with ashes was the penitent's way of expressing sorrow for sins and faults.

Attend worship on Wednesday, February 17 • 7am or 10am or noon or 7pm

Lent ~

The preparation of Christians— through prayer, penitence, almsgiving and self-denial — for the annual commemoration during Holy Week of the suffering and death of Jesus, culminating in Easter, the celebration of the resurrection of Jesus Christ.

Usually Lent is described as being forty days long, representing the time that, according to the Bible, Jesus spent in the wilderness before the beginning of his public ministry.

Traditionally, Lent is marked by fasting, both from foods and festivities, and by other acts of penance. In liturgical churches, the *Alleluia* is not sung during Lent.

The three traditional practices to be taken up with renewed vigor during Lent are prayer (justice towards God), fasting (justice towards self), and almsgiving (justice towards neighbor). Today, some people give up a vice of theirs or add something that will bring them closer to God, and often give the time or money spent doing that to charitable purposes or organizations.

In its earliest form Lent was an intense period of fasting and prayer for catechumens preparing for baptism at the Easter Vigil.

The word *Lent* comes from the Anglo-Saxon *lencten* meaning *Spring*: the time of lengthening days.

***Participate in 5:30pm worship, 6pm simple supper, 7pm Lenten Evening Program
Wednesdays • February 24, March 3, March 10, March 17, March 24***

All Christians are invited “to the observance of a holy Lent,
by self-examination and repentance; by prayer, fasting, and self-denial;
and by reading and meditating on God's holy Word.”

(Book of Common Prayer)